BAR HILL NEWS

August 2009 Issue 466

The Bar Hill News is also available on audio tape

If you, or someone you know, would benefit from this free service, please contact Julie at Camsight 01223 420033

07719574988

Are you a young person between the ages of 12 and 16?
Are you a member of the Youth Club?
If not, here's what you are missing!

Barhill Massive (The Youth Club at the Farmhouse)

Clubs and times –

Wednesday: 6 till 8.30 pm - school years 7/8.
Thursday: 7 till 9 pm: school years 9/10 and 11.
Friday open drop in – 3.30 till 5.30 pm - all ages

Friday after school club, which starts at 3.30 to 5.30 pm is a drop in for all young people. We give them a snack, play games, and discuss any issues they have.

We have recently introduced, with the senior group on a Thursday evening, the e-card (condom distribution) Chlamydia screening, and sexual health.

During the summer break young people have been invited to attend –

Trips (Alton Towers, Hunstanton, Linton Zoo)

We will be running recreational activities in the open air on the following dates:

Friday 7th August—5 to 7.30 pm
Friday 14th August—5 to 7.30 pm

Activities will include rounders, quick cricket, football, circus skills, refreshments and lots more.

We are looking into moving the Wednesday night for Juniors to a Tuesday night from September. This is due to young people within the age group having commitments in the village during club time. A final decision will be made over the summer holidays and information given out in September of any changes.

For more information on youth work at Bar Hill please contact –
Julie.bristow@cambridgeshire.gov.uk or Christina.sutton@cambridgeshire.gov.uk

Or just go along to one of the sessions!

Copy date for the next issue is 15th August to Margaret Sellars at bhneditor@yahoo.com, or see page 2 for other contact details.

BAR HILL RESIDENTS' ASSOCIATION

07/08 Committee			
Chairman	Mr R Hall	780304	11 Almond Grove
Vice-Chairman	Mr M Avery	781233	34 Acorn Avenue
Secretary	Mr A Pallan	782779	72 The Spinney
Treasurer	To be decided		
Bar Hill News			
Editor	Mrs M Sellars	C/o Parish Council Office	
Advertising Co-Ordinator	Mrs B Waters	201421	77 Foxhollow
Distribution Co-ordinator	Mr M Avery	781233	34 Acorn Avenue

Also: E Wilmer, Kirsten and Paul Goodfield (200228 15 Little Meadow), Jo Hall (11 Almond Grove 780304) and Ben Gallagher (11 Watermead 780526)

The Objectives of the Association are to act as an intermediary between the Residents and other parties, to keep residents informed of matters of importance and recreation in and around the Village, and to promote the interests of Bar Hill. Opinions expressed in this publication and not necessarily those of the Association. **Anonymous letters will NOT be published, but names and addresses may be withheld.** However, these may be made available should a written request be received. This is a private publication and may not be reproduced in any way without the prior permission of the Bar Hill Residents' Association Committee.

ADVERTISING

All matters relating to advertising should be addressed to the Advertising Co-ordinator (see above – email to bunty.waters@ntlworld.com)

¼ page adverts cost **£14.50 per month** and must be submitted by the 1st of the month prior to inclusion.

Maxi ads (£8.25 per month) and Mini ads (price currently under review) should be submitted by 15th of the month prior to their inclusion.

The ¼ page ads are for local businesses and we guarantee publication. This often results in a waiting list and, to help overcome this problem, we provide maxi and mini ads. These appear throughout the publication and we cannot guarantee their inclusion due to restrictions of space.

EDITORIAL

There is no charge for **Articles, What's On, For Sale and Lost and Found,** and these appear at the Editor's discretion. Please submit items by 15th of the month.

All telephone numbers without an area code are Crafts Hill (01954).

All items can be submitted **electronically on disc or to bhneditor@yahoo.com.**

HEALTH CENTRE

Dr Hassan, Dr Ranasinghe and the Practice Nurses

Surgery Hours (tel 780442)

Monday to Friday, 8.30 am – 12 noon and 2 – 6 pm

Out of Hours Emergencies tel 01223 464242

Midwife Monday, 2 pm onwards

Physiotherapist Tuesday 2 – 5.15 pm

Psychiatric Nurse Wednesday, 2 pm onwards

Chiropody Wednesday, Thursday and Friday, 9 am – 12 noon, Thursday 2 - 5 pm

Dietitian 1st Tuesday of month, 9.30 am – 12.30 pm

Orthoptist 2nd Tuesday of month 9 am – 12.30 pm

CAMTAD 4th Tuesday of month, 9 -11.30 am

Child Health Clinic 1st Friday of month, 2 pm onwards

Health Visitors are now based at Longstanton Branch Surgery, Magdalene Close, Longstanton (tel 781855)

USEFUL TELEPHONE NUMBERS

● Church Office 206120 ● Conservative Party (Iris Lay) 205265 ● Happy Hours (Helen Collins) 782203 ● Liberal Democrat Party (Tom Flanagan) 780571 ● Library (renewals and enquiries) 0845 045 5225 ● Parish Council (Leigh Baffa) 780456 ● Police 0345 456 4564 ● Pre-School 782892 ● Samaritans 01223 364455 ● School 273305 ● Social Club 781881 ● Swavesey Village College 230366

BAR HILL VILLAGE HALL

Two halls (with Conference Facilities)
Wedding receptions
Birthday celebrations
Children's parties
Jumble sales
Conferences
Seminars
Training days
Exam sessions
Anniversary celebrations
Excellent parking and catering facilities

782414
Answerphone

Email: barhill.villagehall@btconnect.com

Bar Hill to get new Children's Centre

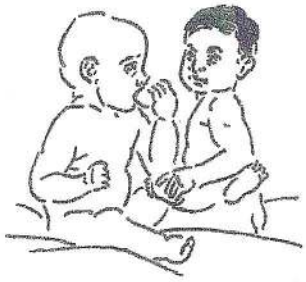
The concept of Children's Centre Development was first launched in 2004-06. Nationally the model for each centre is to reach 800 children 0-5 and their families. The objective is improvement in outcomes for children and their families working with a range of partner organisations.

What is a Children's Centre?

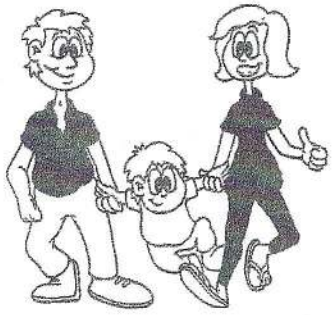
Children's Centres support all families with children under five. They offer easier access to health and family support, help with finding jobs and training, drop-in sessions and activities, and information about local childcare and early education.

In Cambridgeshire, 27 children's centres are already open. By 2010 there will be 40 centres across the county and all communities will have access to the services of a local Children's Centre. The Children's Centre is to offer the services both through the venue and outreach area, through staff and partnership working. preventative programmes impacting on children and families prior to entering school, eg speech and language, support to parents etc across the reach area.

What Children's Centres may provide



Drop in place centres
Young parents' groups
Child development courses
Positive parenting support
Access to midwives and health visitors
Baby and Toddler activities
A meeting place for child minders
Healthy eating activities
Employment and Benefit advice
Speech and language sessions
Support for families with children with additional needs
Information about local childcare



Children's Centre Services are to make life better for families with children aged 0-5 years by bringing together:

- Health services
- Family support
- Family activities information
- Early years education/child care
- Employment and training advice

The Bar Hill area covers Bar Hill, Boxworth, Lolworth, Dry Drayton, Longstanton, Swavesey, Over and Willingham. The new manager will be Kath Doyle and the first services will operate from the Bar Hill Primary School from September.

John Reynolds

County Councillor: John Reynolds, 4 Hollytrees, Bar Hill, CB23 8SF.

INFORMATION FROM THE POLICE

Creating a safer Cambridgeshire

We wanted to let you know about a major operation we launched yesterday afternoon in Bar Hill, involving armed officers and a force helicopter. We arrested a 42 year old man yesterday (Wednesday, 15 July) in connection with a series of betting shop robberies and he was taken to Parkside police station and is currently in custody. A vehicle has been seized and our crime scene investigators are at the property.

We will be conducting patrols in the area, but if you have any information or any questions regarding this incident please contact us on 0345 456 456 4 or Crimestoppers, anonymously, on 0800 555 111.

If you have signed up to e-cops you will have received this information. If you wish to sign up to e-cops go to the Police website where you can follow instructions.

NEW EVENT

Bar Hill Community Market

On 5th September
In the Octagon
10 am – 12 noon

Come and support your local community

For more details contact Karen Austen 01954 781085 or Sue Gadsby 01954 200875

BRIDGE THE GAP
4.5 MILE CHARITY WALK AROUND THE COLLEGES

Sign up now for the annual Bridge the Gap Charity Walk! Taking place on **Sunday 13th September** and one of the most popular charity walks in the region, Bridge the Gap is a lovely opportunity to meander through the sites of Cambridge and its colleges. And at just 4.5 miles, it's something the whole family can enjoy together.

Set to raise thousands, this year's walk will be in aid of Arthur Rank Hospice Charity and Press Relief: The News Community Fund, as well as being partnered by the University of Cambridge, Cambridge University Press, the Cambridge News and Headline Sponsor - Cambridge Building Society.

As well as seeing the Colleges and bridges, walkers also have the opportunity to visit the Zoology Museum and The Pitt Building. There will also be Tourist guides on hand to talk about the history of the colleges and other local sites.

Entry Forms are already being received following our launch on 18th June. To make sure you don't miss out, download an entry form from www.bridgethegapwalk.org or call 01223 723 115. Registration costs £8 in advance (£14 from 1st September) for adults; entry is free for children 16 and under.

People of any age or ability can take part and the route is wheelchair and pushchair friendly, so it really is open to all. It is also a non-competitive event, so participants are welcome to stop off at a café or restaurant en route! Plus the highest fundraisers will receive some fantastic prizes.
The walk starts at 9.30 a.m. from Jesus Green.

The Arthur Rank Hospice Charity works in partnership with the NHS to support patients, their families, staff and volunteers at Arthur Rank House and in the community. They are solely responsible for funding the vital Day Therapy and Hospice at Home nurses and work in partnership with the NHS to support the In-Patient Unit. Each year they must raise over £1 million to meet commitments at Arthur Rank House.
http://www.arthurrankhospicecharity.co.uk/
Press Relief, the News Community Fund, was founded in 2003. It uses the influence of the Cambridge News and all the other publications within the Cambridge Newspapers Limited group to raise cash for local organisations and individuals in need.
So far, it has raised £400,000 and has awarded money to a whole range of groups and individuals within the greater Cambridge area. www.pressrelief.org

M.J.BLACK KITCHENS

Professional Kitchen Installer Est. 1977

Full Planning, and CAD Design
Complete Installation Service

Wide range of Kitchens and Worktops
Wall and Floor Tiling

Kitchen Renovations with extensive selection of doors any size
Worktop Jointing Service

107 High Street, Girton
Tel: 01223 277772 **Mobile 07831626398**

Need Help in your Garden?

Recently qualified with a National Diploma in Horticulture

I can provide gardening and general maintenance at reasonable rates

'One offs' or regular visits to suit you.

Please call James **01954 200916** or on **07751636718**

DOG WALKER

Available dog walker and holiday pet carer in own home

(in mine if trained)

please call Dee 07946287771 for details

Are you pleased with your current Window Cleaner?

If not – contact us

WKD Window Cleaning

We clean:
All Doors, frames, fascias and sills
Conservatories – inside and out
gutterings cleared.....
.....as well as the windows
Fully insured

07835 430347 or WKDwindowcleaner@aol.com

ELITE

TEL: 781937 MOB: 07986392611

43 THE SPINNEY
BAR HILL
CAMBRIDGE, CB3 8ST

* FULL BATHROOM DESIGN & INSTALLATION
* ALL ASPECTS OF FLOOR/WALL TILING
* SUPPLY & FIT OR LABOUR ONLY
* LAMINATE WOOD FLOORING
* FREE QUOTATIONS AND ADVICE
* QUALITY WORK GUARANTEED

WE CAN ALSO LOOK AFTER ALL YOUR PROPERTY MAINTENANCE REQUIREMENTS

e-mail: dean.mills2@ntlworld.com

Free initial consultation

'I know I should make a Will, but I just haven't got around to it yet'

Having an up to date Will is important to ensure the people you wish receive your assets and it also avoids unnecessary problems for your family after your death. LAWS are a professional Willwriting business.
Our Willwriters are qualified to give you estate planning advice and to take your Will instructions. We have both male and female advisers, all of which are members of The Society of Willwriters. We advise clients on a number of issues relating to estate planning including:

- Wills
- Lasting Power of Attorneys
- Inheritance tax planning
- Inheritance tax planning trusts
- Discretionary Will trusts
- Probate
- Living Wills
- Long Term Care planning

LAWS are a completely independent company who work alongside our sister company Lee Associates, who provide independent financial advice.

For a free initial 30 minute meeting, at your home or in our offices please call 01954 262120

Lee Associates Willwriting Services Limited (LAWS) Denmark House, High Street, Willingham, Cambridge CB24 5ES
Telephone: 01954 262120
Fax: 01954 262129
www.lee-associates.co.uk
Email: info@lee-associates.co.uk

LAWS

Lee Associates is a trading style of Lee Associates Financial Planning Limited which is directly authorised by the Financial Services Authority. FSA number 226105

Bridge End Carpets & Flooring

ALL MAJOR BRANDS SUPPLIED AND INSTALLED

FREE NO OBLIGATION ESTIMATE

ROOM SIZED REMNANTS IN STOCK

KARNDEAN FLOORING SUPPLIED /INSTALLED

TEL: 01954 789968
MOB: 07801 542378

Graham Spence

Domestic Gas Appliances Service and Repair

A local and comprehensive call-out and appointments service for **boiler and central heating** 'problems' in and around Bar Hill.

CORGI REGISTERED GAS INSTALLER

CORGI Registered Gas Installer No. 149177

10% Discount for Bar Hill residents

781402
0378 894956

A Barrett Electrical

for all your electrical needs

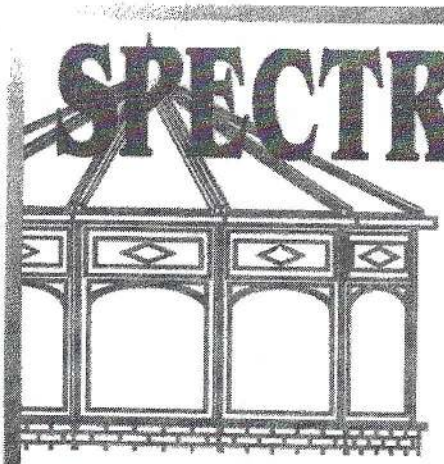
Part - P Registered

60 field View
Bar Hill
Cambridge
CB23 8SY

07735 615871
01954 780844

barretts11@msn.com

SPECTRUM



CONSERVATORIES
WINDOWS
DOORS

FENSA
Registered Company

MOBILE: 07702 895673
TEL: 01954 789478

Chris's Bikes

Bar Hill's local cycle centre

2 Thornton Way, Girton (Just of Huntingdon Road)

- Professional, knowledgeable and friendly service
- Top quality, competitively priced repairs
- Wide range of spares/accessories available
- Cambridge's only 5 Star Magura Service Centre
- Stockists of Magura Hydraulic brakes
- Probably best range of commuting bicycles in town
- Good selection of quality hybrid and mountain bikes
- BMX and children's bicycles also available:
  Giant, Haro, Mongoose, Huffy & Diamond Back
- Good quality secondhand cycles always available
- Plenty of parking

MET
Mango
Carradice
Topeak
Zefal
Shimano
Widek
Cruid Smart
Squire
Trelock
Spencer
Mavic
Hanlex
Odyssey
Belf
Abus
Giant
Claud Butler
Univega
Diamondback
Haro
Continental
Hutchinson
Vredestein

- Dual suspension commuters - 'Rolls Royce' cycles at incredible prices
- Trailgator - the sensible/versatile alternative to a trailer bike
- Fantastic quality racing cycles at unbeatable prices - phone for details
- All ladies' multigeared commuters have chainguards

Cambridge Stockist of GIANT Bicycles

Quality for less ☎ 276004

Come and visit us; we will make you welcome

SE stampelectrical COLIN STAMP

For all your electrical services

174 The Spinney, Bar Hill
Cambridge CB23 8TP

t 01954 789064
m 07860 920933
e stamp.electrical@ntlworld.com

LOCAL ELECTRICIAN
01954 789064

ALL DOMESTIC & COMMERCIAL INSTALLATIONS
~ LIGHTS, SOCKETS, SHOWERS
FUSE BOXES

FREE QUOTES AND ESTIMATES

NICEIC APPROVED DOMESTIC INSTALLER

FAMILY RUN BUSINESS ~ 10 YEARS IN THE VILLAGE

Girlguiding UK

Bar Hill District

GIRLGUIDING UK CENTENARY CELEBRATIONS

Were you ever a Brownie or Guide, or maybe you have a daughter, sister, mother, aunt or niece who is a member of Girlguiding UK?

Well, you might be interested to know that we begin to celebrate 100 years of guiding in September this year. Guiding has come a long way since a small group of girls stepped forward at the 1909 Boy Scout rally at Crystal Palace Park and asked Robert Baden-Powell to develop a similar movement especially for them. 100 years to the day, our half a million members will be attending parties across the UK to mark the occasion when that small group asked Baden-Powell to do 'something for the girls'. To kick off this special year in style, we will be attending the county Launch Party with 2000 other members of guiding in Cambridgeshire for a Guideopoly challenge in Cambridge city.

But of course, that's not all - our year of Centenary Celebrations will run from the 5th September 2009 to the 20th October 2010. Over the course of the year, we hope to take part in a whole host of celebrations such as photography projects and Adventure 100 challenges. Guides will be attending Centenary Camps and all members will be invited to Race 100 Big Day Out. Brownies will be visiting camps and going on special pack holidays.

This really is a most exciting time to be a part of the UK's largest organisation for girls and young women! What a better way to do something different, have fun volunteering in your community, make new friends and be part of making 'mountain-top moments' with all our members from 5 year old Rainbows upwards? We would love you to join us so to find out more about our celebrations in ***Bar Hill*** and how you could get involved please contact ***Sheila Robinson*** on **01954 230353**

GIRLGUIDING BAR HILL DISTRICT

We **raised £52.00** at the Red, Yellow and Blue Tombola stall at the Fête on Saturday. Thanks to everyone who donated items for the stall and thanks to Jill and Jenny for helping to run the stall during the fête. (The new photo displays that Jill made are lovely and caused a great deal of laughter as people found themselves in photos!)

2nd Bar Hill Brownies

This term we have enjoyed bell ringing at Oakington church, had a traditional afternoon tea to celebrate St George's Day, made Fathers' Day books and key-rings, had a 5-a-day bingo and fruit night, and a keep active night learning fun ways to keep healthy for Change the World Badge. We finished our topic on Bullying, had a 'Bring a friend to Rainbows' night where we played silly games and had a picnic and made rosettes for the games. We have decorated a frame and made love spoon cards for Claire's wedding, finishing the term with a paddle and BBQ at Newham Park.

La'mac

2a Market Street
Swavesey
Tel: 01954 231445

Hairdressing for all the family

Special offer for new clients

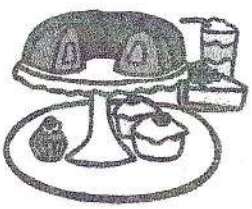
10% discount off colours and perms
Introducing a new loyalty scheme

Ask in salon for details

STREET SALE

Gladeside (Opposite Tesco – follow path out of car park and cross road. Look for Balloons)

22ND AUGUST
10 am – 2 pm.



Garage sales galore
Kids' lucky dip
Cake stall

BAR HILL COLTS F.C

Hopefully managers, players, parents and volunteers have enjoyed their recovery period over the summer, as August is upon us and many teams will be starting pre-season training.

Before diving into next season I would just like to mention a few managers that have been very committed to the club whose teams are now moving on from Colts:

Ruth Pimentel for providing the Colts with their first all girls' team and bringing many success' over the 5 years.

Jairo Marin for assisting with the girls' team but also for managing his own team over the last 10 years. I am pleased that he is putting his name forward again to continue on the committee.

Barry Dean for all his work for the Colts – there has not been a job that he has not undertaken for the Club, (Chairman, Secretary Fixtures to name a few) in addition with managing two teams over the past 15 years. Thank you **Barry.**

Here is a list of new (and old!!) managers and their contact details for the coming season. Do not hesitate to contact any of them for information about their team or training.

Age	Manager	Tel
U7	Tim Parker	781060
U8	Matt Cundy	780743
U9	Kevin Sargent	780035
U10	Roy Sloane	782264
U11G	Mark Bennett	201095
U11	Steve Andrews	789778
U12	Rob Humphreys	781583
U13	Darryn Cook	203576
U14G	Linda Ogilvie	202568
U14	Tony Virgo	782619
U15	Richard Page	202572
U17	Steve Clark	781497

Picking out a few of the new managers from the list are **Tim** and **Peter's** Under 7's will be playing friendlies on Saturdays.

Matt and **Andy's** Under 8's will be entering the Mini Soccer league for the first time.

Introducing our new Under 11 girl' team who will be entering the S Tech league, managed by **Mark Bennett.**

ALL STAR GIRLS

Mark took over from me coaching the girls in April of this year and has formed a team who have already entered a tournament to play their first competitive games of football - he proudly reports on the events below.

'On Saturday 13th June we took part in The Roy Green Sawtry Sixes - this tournament attracts team from as far a field as Rugby and Bury St Edmunds.

It was a very quick and steep learning curve but the girls did both themselves and me (as their manager) very proud.

They won one game, drew three games and scored three goals!

Most importantly, they played as a team and thoroughly enjoyed themselves.

One of the referees and the tournament organiser commented on the girls as a team. They said that the girls really deserved their good results and also that they had played with an excellent sporting attitude that was a credit to themselves and the game of football.

A big well done to all the girls involved'

TESCO VOUCHERS

A Huge Thank you to all of you that collected and handed in your Tesco vouchers. We have managed to accumulate **5,897** vouchers, which enables the colts to obtain 48 footballs to distribute to our teams for the up coming season. Many managers have handed in contributions from their teams, but I would like to give a special mention to **Alan Hewings, Rebecca Simms and Lynn Whitehead** who contributed masses to our collection.

COMMITTEE FOR 2009-10

Following the Colts AGM reports of the season were read, committee members were nominated and elected plus an active fundraising committee were voted and already have new and exciting ideas in the pipeline.

This includes a Sports Quiz for adults only – hopefully around September/October time - so please watch this space and come and give your continued support to the boys and girls.

Below is a table of the committee that will uphold the success of the club.

Committee	
Chair	Jairo Marin
Vice Chair	Paul Gedny
Secretary	Paul Neal
Treasurer	Jairo Marin
Club Welfare	Mark Honeywood
Fundraising	Rob Humphreys
	Darryn Cook
	Pete Cornwell
Fixtures Secretary	Mark Honeywood
BH News	Mark Bennett
Website	Richard Page

TONYS RANGERS ON TOUR

Our under 13 team recently ventured to Bournemouth over a weekend. Arriving on the Saturday to pitch their tents ready for the tournament matches on Sunday. Later that evening, the squad celebrated an enjoyable trip by presenting their season's awards to

Manager's player - **Joel Finbow**
Players' player - **Luke Thomas**
Clubman - **Ellis Lenton**
Parents' player - **Luke Barber**
Most improved - **Tom Lewin**
Jim Murray

BAR HILL COLTS IS A CHARTER STANDARD CLUB

Vicky x

NOT TOO NEAR, NOT TOO FAR

FOR INDEPENDENT FINANCIAL ADVICE

on investments, regular savings, pensions, life cover, inheritance tax planning etc

Contact: NIGEL BOLITHO OF BV SERVICES

185 High Street, Cottenham, Cambridge

Tel 01954 251521

Email: Bolitho@enterprise.net

Authorised and regulated by the Financial Services Authority

Swann&Keogh
Carpentry and Building Services

www.swann-keogh.co.uk
Email: info@swann-keogh.co.uk
For a free quotation

Steve Swann: 07944913654
Steve Keogh: 07879480011

For a Professional Building Service
Make it Swann&Keogh

Cambridge Funeral Services

- Family owned & Independent
- Traditional & Contemporary funerals
- 24 hour service
- Free parking
- Private chapel of rest
- Funerals for all faiths & beliefs
- Green & woodland burials
- Pre-arranged funeral planning

Andrew Patey Dip FD Dip FM LMBIFD
Philip Reynolds Dip FD LMBIFD

01223 415255

617 Newmarket Road, Cambridge

www.cambridgefs.co.uk

Village Vet

RCVS ACCREDITED PRACTICE

The vet your pet would choose

Longstanton
34 High Street, Longstanton CB24 3BS
01954 780027

Cottenham
66 High Steet, Cottenham CB24 8SA
01954 252122

Milton
26 Cambridge Road, Milton CB24 6AW
0845 500 4 24 7

24 hr emergency:
0845 500 4 247

www.villagevet.co.uk

Bar Hill Motors

20, Viking Way (next to Tescos)

For all your car care needs

Retail Motor Industry Federation

The air conditioning has had a hard summer!
Has it been serviced in the last two years?
If not, we can help with our Qualified Staff and equipment

Opening times
Mon. To Fri. 8.00am - 5.30pm
Sat. 8.30am - Noon
Closed Sun.

☎ 781132

Alan's Carpets

Save £'s Discount prices!

* Home Selection Service
* Over 30 years experience
* FREE quotes/Priced right
* Extensive range of Quality Samples
* Free advice on all floor coverings
* Orders fitted within days, not months!
* Showroom now open at 1 Station Road, Swavesey

Alan Slurimpton

Phone 232298 or 780970

Let us make you smile, it's summer!
..chairside tooth whitening now ONLY 299!

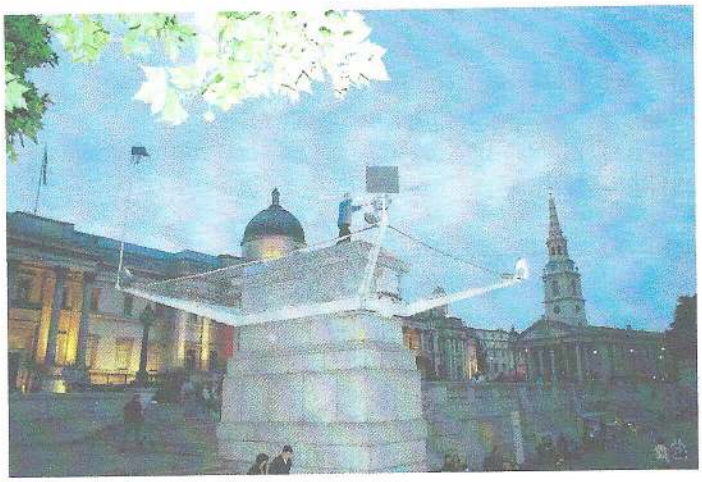
Cambourne Dental Practice
Call us on: 01954 718585
..or visit us at: cambournedental.com

lawson tree

hedge, tree & garden services

Tree surgery
Hedge cutting
Fencing
Turfing
Grass cutting
Gardening
Free mixed wood chips always available
Telephone: 01223 276284/ 07984 205663
E-mail: contact@lawsontree.co.uk
Web: www.lawsontree.co.uk
Professional
Qualified
Insured

BAR HILL RESIDENT'S MOMENTS OF FAME



Some background

This summer, sculptor Antony Gormley is creating an astonishing living monument. He asked the people of the UK to occupy the empty Fourth Plinth in Trafalgar Square in London, a space normally reserved for statues of Kings and Generals, the participants becoming an image of themselves, and a representation of the whole of humanity. Every hour, 24 hours a day, for 100 days without a break from July 6th a different person makes the Plinth their own.

I was lucky enough to be selected!

Why did I do it? Lots of reasons.

Arthur C Clarke, the science fiction writer, wrote that the philosopher's first law is "to explore the boundaries of the possible we need to do the impossible": a so much nicer phrase that "going beyond one's comfort zone". This was certainly way out of my comfort zone.

A few years ago I decided that I needed to take one major, scary risk a year – this was this year's scary moment.

The project is partly about representing British society in the 21st. Century. Societies that don't change and grow, that are ..istant to new ideas and to difference are societies that will fail. To emphasize the importance of multiculturalism in British society I choose to spend my hour demonstrating Tai Chi – ancient Chinese philosophy meets middle aged British scientist.

What did it feel like? A mixture of terror and excitement. For the first ten minutes I was trembling so much I thought the plinth was moving. By the end of the hour I didn't want to leave.

Full details of the project are at: www.oneandother.co.uk

Pat Ryan

THE FÊTE

Once again a wonderful day: it was so good to see people enjoying the activities and browsing the stalls. The music was fantastic, and the evening was enjoyed right up until midnight. Many thanks to all those involved in helping to set up and clearing up afterwards. A special thanks to members of the Residents' Association (especially Kirsten and Paul Goodfield) for all the planning, bookings and setting out of the village green.

FRIENDS OF BAR HILL LIBRARY

The Friends had a very successful book stall at the village Fête on 4 July, with lots of customers eager to look through the bargain books. The donated books are sold on for a contribution to the library service and to purchase equipment.

We would like to thank everyone who helped on the day, with special thanks to Mr Michael Tierney for his very willing help and energy in transporting our tables and books for the Friends.

The next coffee morning will be on 6 August 10 am – 12 noon in the library, where anyone would be most welcome.

Sheila Mason

CRICKET CLUB

Firstly, a big thank you to all those who supported our barbecue at the Village Fête and to Andy Kent of Andy's Kars for helping us meet our costs. Thanks also to the organisers for another memorable day.

On the pitch, the firsts had a run of frustrating results which sees them, at the time of writing, flirting with both promotion and relegation in a close league.

The highlight was undoubtedly victory at Thurlow, in which **Sam Clare** hit 71 and **Craig Driver** 66 to take Bar Hill to a total of 240 for 9. **Adam Dean** and **Martin Cullum** each took three wickets to then dismiss their hosts for 203.

Clare also took a vital catch which clinched a rare tie against Madingley, with both teams bowled out for 122. **Pip Dickinson's** 30 was Bar Hill's top score and there were three wickets each for **Dean** and **Scott Stanford.**

However, there were defeats to USSC and Elmdon, despite **Mark Thompson** hitting 42 and **Driver** 40 against the latter.

The second eleven also had a frustrating month – mostly as a result of playing only one match due to rain, a week off for the fête and being given one victory by default. However, the one match played saw them win by five wickets against Wimblington II. **Jim Neal** took 5 for 21, **Priyal Perera** 3 for 29 and **Tom Levitt** 2 for 11 to dismiss the visitors for just 63, although Bar Hill made slightly heavy weather of reaching their target before **Chris Howse** smashed the final 14 runs.

Despite their inactivity, the seconds were still second in the league at the time of writing.

While the thirds were unable to manage a win, there were some encouraging performances. **Jonathan Barber** hit 50 not out and took two wickets against Cottenham, against whom **Neal Suckling** (39 not out) and **Dave Underhay** (15) shared a last-wicket stand of 66.

Two youngsters also made their best scores in adult cricket - **Ryan Stevens** was unbeaten on 18 against Waterbeach, while **Aaron Jolley** hit 32 against Histon III. **Levitt** also took a hat-trick against Histon.

The 20-20 tournament with Girton and Cambridge City Football Club has been rescheduled for August 2 and the entertainment starts from 10.30 am.

Look out also for the President's Match on Bank Holiday Sunday, August 30, when our president, Tony Moffat will select an invitation XI to take on some familiar faces from around the village.

By the time you read this, we will be thinking about voting for player of the season awards and planning our end-of-season do. Members can call me on the number below to book tickets.

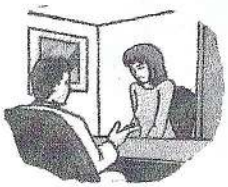
Remaining fixtures at the Village Green:

Sat Aug 1: Somersham II (second XI, league)
Sun Aug 2: 20-20 tournament
Sat Aug 8: St Ives III (second XI, league)
Sat Aug 15: Cockenach (first XI, league)
Sat Aug 22: USSC (first XI, league)
Sat Aug 29: Longstanton II (second XI, league)
Sun Aug 30: President's match (friendly)

The thirds face Cottenham III and NCI V at Swavesey Village College on August 8 and 15 respectively and finish with a match against Bottisham-Lode on the 22nd.

Our full fixture list and details of all our activities can be found at www.barhillcricket.org.uk

Paul Stimpson
201212



RUTH FRASER COUNSELLING

Counselling and e-therapy

For face to face or online therapy for:

relationship difficulties ~ depression ~ career worries ~ bereavement~ addictions ~ anger management ~ infertility

Please either call my confidential answerphone: 07591 697346

Or email ruth.a.fraser@googlemail.com

For more information, please go to: www.frasercounselling.co.uk

THE FITNESS CLASS

Mondays 7.30-8.30pm, The Church, Bar Hill

Do you want to loose weigh, Get Fit, Tone Up? Scared some exercise classes will be too intimidating & hard to pick up? The class specializes in ladies fitness & is designed to be very easy to pick up whilst being challenging enough to suit any fitness level. It incorporates Aerobics, Pilates, Swiss ball, Boxercise, Resistance and Cardio exercise. £4 per class(10 for £32).

OVER 55S CLASS,

Tuesdays, 10-11am. The Church, Bar Hill

Aimed at a pace suitable for the older adult to improve and maintain fitness, strength & mobility. £2.75 per class(10 for £24)

TRAIN WITH A GOV APPROVED INSTRUCTOR

Call Simon on 01223 236945
or visit www.bodyinmotionpt.co.uk
Free First Class

PHYSIC

Oakington Therapy Centre

Osteopathy, Acupuncture
Homeopathy, Counselling
Podiatry/Chiropody, Shiatsu
Chinese Herbal Medicine
Medical Herbalism, Massage
Hypnotherapy, Reiki
Nutritional Therapy, Iridology
Allergy Testing, Aromatherapy
Injury Rehabilitation
Indian Head Massage
NLP, Reflexology
Hopi Ear Candling
Hydrotherm Massage

01223 237459
www.physic.co.uk
Oakington Road, Girton

Power Tool & Plant Hire, Sales & Repairs

M. P. Harvey 119-123 Middlewatch, Swavesey

Tools for all your requirements: Decorating, building, gardening, breaking and DIY
Service agents for: Black & Decker - Stayer - Ryobi - Elu - Fein - Dewalt Power Tools.
All other tools and small plant repaired, including Kangos, disc cutters and generators
Open: Mon. - Fri. 8am - 5pm, Closed Wed. pm, Sat. - 8am - 12noon

Adult's & children's bouncy castles now available

Tool Hire:
Mixers, Compactor plates, Kango hammers, Floor sanders, Belt sanders, Orbital sanders, Angle grinders, Drills, Saws, Carpet cleaner, Wallpaper steamers, Tile cutters, Acrows, Mowers, Rotavators, Hedge trimmers, Pumps

☎206113

Steve Jolley
Plastering & Tiling

6 Foxhollow
Bar Hill
Cambridge
CB23 8EP

Home 01954 780445
Mobile 07727 203626

HIGHFIELDS
law practice

Your approachable local solicitors

John Tarrant, Georgina Walker and Cheryl Bentley are part of local law firm providing the following services and more.....

Conveyancing, Wills and Probate, Matrimonial, Employment, Litigation

Opening Hours:

Weekdays 8am – 5.30 pm
Evening and Saturday by arrangement

We offer on matrimonial and litigation matters a 30 minute fixed fee initial consultation of £50 plus vat

For advice please call:
01954 210363/211920
E-mail georgina@highfieldslaw.com
74 Highfields Road, Highfields Caldecote, CB3 7NX

Easy Free Parking/Disabled Access

John S. Hinchliffe Building Services

Property Refurbishment, Alterations, Buildings Work, and Carpentry

Inside & Outside - All Work Considered

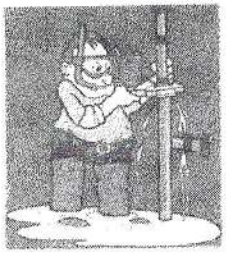
Free Quotations

Telephone 01954 202406

AIR CONDITIONING • AIR COMPRESSORS • STEAM CLEANERS • WELDERS
GENERATORS • POWER TOOLS • WORKSHOP EQUIPMENT • TOOLS

ELLIOTTS
Masters in Machinery

Tel: 01954 20 20 20 Fax 01954 78 28 01
e-mail: sales@elliotts.co.uk www.elliotts.co.uk
UNIT 44, VIKING WAY, BAR HILL, CAMBRIDGE CB3 8EL



M&M
Heating & Plumbing Services
Corgi & Oftec Registered
Oil/gas boiler service
Bathroom Installations
Heating/Plumbing m
Power Flushing
Landlord Certificates & Safety Checks
Free estimates
Friendly and reliable local service

213666

01223 691599
07832261791/07766281962

ROSIE IN STITCHES

Come along to see a small selection of our clothes and toys at:

Tea Bar Outpatients, Rosie Hospital, Cambridge

Cherry Hinton Festival
Saturday 19th September
11am to 6pm on the Recreation Ground
www.cherryhintonfestival.co.uk
tell them you heard about the Festival from Rosie in Stitches

Bar Hill Nearly New Sale
Saturday 10th October
Email bhpta@live.co.uk for more information

When you're next shopping online, as well as helping us to raise funds you'll find some bargains at www.easyfundraising.org.uk/forh

Discounts at Lloyds Pharmacy, The Body Shop, Littlewoods, Truprint and Warner Leisure Hotels

Order selected flowers from Interflora's Summer range and receive a FREE bottle of wine worth £9.99 or a FREE box of chocolates worth £4.99!

If you're staying at home but still fancy a thrill try out:
Ramada Jarvis are offering a fantastic offer of one night's bed and breakfast at the Ramada Birmingham, Sutton Coldfield and a one day ticket for the family to Drayton Manor Theme Park!

If you're a teacher, lecturer or student in higher education, you can get a fantastic £145 rebate on an iPod Touch when you purchase a qualifying Apple Mac and iPod Touch together before 8th September 2009.
There are many more free offers available - too many to list here - so visit the Special Offers page at www.easyfundraising.org.uk/forh for more details and to find the eVoucher codes.

You can now raise funds for Friends of the Rosie Hospital whenever you use the Easyfundraising search site at http://forh.easysearch.org.uk we will receive 1p for every search and if you make just 10 searches a day, you could raise £25 a year.
If you can improve our website, provide transport for our volunteers or display a small selection of our wares please contact a member of the committee, details are given on our website at www.rosieinstitches.org.uk/volunteering.htm.

RADSOC

SWAVESEY RADSOC PRESENTS:

EASY STAGES
and
DISTRACTED GLOBE

By

N J WARBURTON

AT SWAVESEY VILLAGE COLLEGE
FRIDAY 9 AND
SATURDAY 10 0CTOBER 2009
at 7.45 PM

Tickets £7.50/£5.50 concessions

Book online at www.swaveseyradsoc.org

Window Cleaner

Telephone
Daytime: 07736 467488
Evening: 01954 230194

www.clearcleaningservice.co.uk

Football Project
The pitch is available to hire in the evenings during the summer as there is less football coaching. The pitch is suitable for football and many other sporting activities such as mini tennis, hockey, bowls, volleyball and multi sports - it's a great venue for birthday parties. If you wish to find out more about hiring the facility then contact our Bookings Secretary, Julie Marin on 781838.

The officers of the Management Committee are:
Chairperson Alan Hewings
Secretary Paul Thorby
Treasurer Jairo Marin

Bar Hill Sports and Social Club

The Bar Hill Sports and Social Club is situated on the top floor of the Village Hall. Here you can watch live sports on our two screens, play pool, darts, skittles and cribbage or enjoy a quiet drink in our conservatory bar.

What's On

Saturday 8th of August - Membership Draw night
Saturday 22nd of August - Membership Draw night
Bank Holiday Monday 31st of August - Club is open from Midday to 11pm.
Friday 4th of September - Get Back, live music from the 50's and 60's.
Saturday 5th of September - Membership Draw night.

BHSSC sponsors Saturday FA Football Team. The first adult Saturday Team to represent the village will kick off this season. Training on Tuesdays and Thursdays at 6:30 pm and a few pre-season friendlies will be arranged. Contact Paul Prime 01954 203175 or Alan Hewings on 01954 201315 for details.

Change of Sunday Opening Hours

The Club is now open for an extra half hour on Sundays, closing at 11 pm instead of 10.30 pm.

Memberships

Renewal of memberships commences in August and September and costs £5. From October onwards renewal will cost £8. Seniors (60 and over) only pay £1.
New members always welcome, please ask the doorman or bar staff for a membership form. The Club also has a junior membership for 16 and 17 year olds. This is a one off payment of £5 and is valid until full membership can be obtained at 18. Visit our Website for updates, bhssc.org.uk or ring 781881.
Andrew Wilkin

The Allotment Society

Anyone interested in renting space to grow their own produce can be put on our waiting list for membership. Please contact Keith Morris on 782441.
Any other allotment matters should be addressed to bhallotment@hotmail.com

Bar Hill Childminders

If you are thinking of going back to work or would just like to have a bit of time to yourself, then why not leave your child in a friendly family environment with a Childminder who is Ofsted registered, fully insured and First Aid trained. Childminders offer a wide range of activities including trips out to local toddler groups and parks, arts and crafts, music, stories and much much more. If you would like to find out more you can call any of the childminders listed below or just come along to our Coffee and Kids session on Thursday mornings between 10.00 am and 11.30 am.

CHILDMINDERS WITH CURRENT VACANCIES:-

Melanie	204496
Carol	780238
Debbie (Tues, Weds, Thurs)	201739
Terri	780458
Karen - call for more info	781151
Sharon - call for more info	07800935263
Kirsten - call for more info	200228

COFFEE AND KIDS

Coffee and Kids is run by Bar Hill Childminders for parents, carers and childminders of babies and pre-school children. It is a very informal session held in the Octagon on Thursday mornings (term time only) from 10 am to 11.30 am. The price of £1.80 per family/childminder includes hot drinks for the adults and soft drinks and healthy snacks for the children. We have a large range of indoor and outdoor toys and a safe soft play area for babies. Call Debbie on 201739 for more details.

8 o'clock Club

The 8 o'clock Club meets at 8 pm on the first Thursday of the month in the school at Bar Hill during term time. Membership is £6 for the year, plus 50p for the raffle and coffee each month.

Next term we have the following speakers and activities:

3 September – Enrolment evening
1 October – Talk about the Samaritan Purse Shoe Box appeal
5 November – Packing the shoe boxes to send to other countries (wine and mince pies)
3 December – Christmas Dinner

New members are always welcome. If you would like to join or come for a visit please phone Barbara (204171) or Adela (204265) or come along to one of the meetings.

EXPRESS ROOFING SERVICES

5-10 year guarantees

Flat Roofing Specialists

Emergency 24 hour Service

Roofing for over 25 years

* Insurance work
* Guttering * Facia Boards
* Garages & Extensions
* Re-roofing & repairs

Prompt Reliable Service

Competitive Rates

01487 841008 Mobile 07860 680550
37 Greenfields, Earith

Moving ...? Anything, Anywhere, Anytime

BARRY STONE

01954 781430
01223 579560

For a fast and friendly service

Removals; Storage; Packing; Any distance

Free estimations

---

haart

...is where your home is

www.haart.co.uk

- Experienced staff with local knowledge
- 10 Cambridge regional offices, 223 national
- Independent mortgage advice
- Advertised on 7 major property websites
- No sale – no fee

The only agent truly serving Bar Hill

Unit 12, The Mall

Call the office today for your free, no obligation, valuation **781411**

King & Co.

Solicitors

238, High Street Cottenham

Tel: Cottenham 251818

Opening Hours:-

Mon. - Thur. 9.00 am - 5.00 pm
Fridays 9.00 am - 4.00 pm

No Parking Problems

PETCH
Decorator

Quality Workmanship since 1962

EXTERIOR PAINTING

INTERNAL DECORATING AND WALLPAPERING

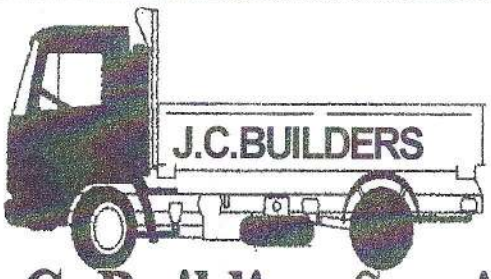
FREE ESTIMATES

BAR HILL RESIDENT 1988 - 2004

Tel : 01223 711986

www.petch-quality-decorator.co.uk

petch_decorator@hotmail.com



J. C. Building Services

All types of building work undertaken.

For example:
Block paving
Patios
Fencing
Ceramic Tiling
Small Extensions

No job too small !

Free quotations

For an Estimate:

01487 740580
07919 202871

Expertise on your doorstep

10 The Mall **Bar Hill** Cambridge CB23 8DZ Tel 01954 780111
Mon-Wed 9am-6pm Thurs-Fri 9am-6:30pm Sat 9am-3pm

Customer Hotline Tel 0845 601 3344
Mon-Fri 9am-10pm Sat 9am-6pm Sun 11am-5pm

CAMBRIDGE
BUILDING SOCIETY
Time to keep your money close to home

Head Office Administration Centre PO Box 232 51 Newmarket Road Cambridge CB5 8FF
Tel 0845 601 3344 www.cambridgebs.co.uk

JASON KIRBY
Professional Painting & Decorating Ltd

- All types of internal & External decorating.
- Residential & Commercial.
- City & Guilds Qualified.
- Full Public Liability Insurance.
- For Quality & Reliability At Competitive Rates, References Available.
- Members of Trust Mark, Dulux Trade Select & The Painting & Decorating Association.

TRUST MARK

Tel / Fax: 01954 231222 · Mobile: 07966 174431

jasonkirbyltd@gmail.com

A Professional Service from Start to Finish

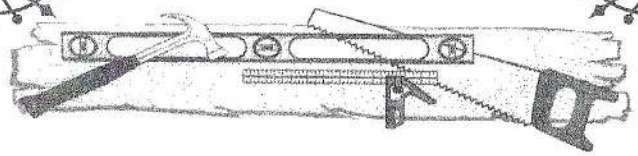
M. Roitman

CORGI Registered Gas Installer

Heating & plumbing engineer
Heating systems, bathrooms and power showers
supplied, installed & repaired

Free estimates. Emergency service

Office 01480 469653
Mobile 07831 466778



DAVID HUMPHREY
CARPENTER & JOINER

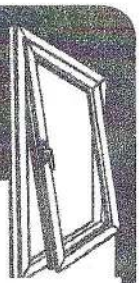
01480 432275
Mob: 07788 428580
Fax: 01480 451566

In need of any work doing around the home, but haven't got time to do it ?
Then look no further ...

- ★ Carpentry & Joinery
- ★ Windows & Doors
- ★ Exterior Finishes
- ★ Roofing
- ★ Home Security
- ★ Conservatories
- ★ Loft Conversions
- ★ Home Extensions

No job too large or too small
Quality work at realistic prices

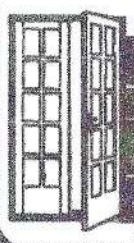
PROBLEMS?
WITH YOUR EXISTING DOUBLE GLAZING



DOMESTIC • COMMERCIAL
INDUSTRIAL
REPAIR & MAINTENANCE SERVICE

- WE REPLACE Glass, Locks, Handles, Hinges, Patio Door Wheels, Tilt & Turn Mechanisms
- WE FIT Window Opening Restrictors, Cat Flaps, Fly Screens
- WE SPECIALISE IN New Conservatories, Windows, Doors

FREE ADVICE / ESTIMATES



SECONDARY DOUBLE GLAZING ALSO AVAILABLE
the WINDOW & DOOR SURGEON
For a Friendly and Efficient Service Please Call
Phone 01954 201944
Email: enquiries@twds.co.uk
visit www.tw-ds.co.uk
2 RAMPTON ROAD • WILLINGHAM • CAMBRIDGE
WE DON'T PUSH ... WE DON'T EXAGGERATE ON PRICE ... WE JUST SOLVE PROBLEMS

Drake Heating and Plumbing

Tel: 01954 781366 or 07831 806733
e-mail: DrakeHP@aol.com

Established 29 years

Gas Central Heating
Installations
Boiler Replacements
Boiler Repair and Maintenance

Corgi
Registered Gas
Installer
2185

26 Ladywalk
Longstanton
Cambridge

Skatz

HAIR DESIGN

and Bethan's Beauty Shop

Opening times:

Mon Closed
Tue 9.00am-5.30pm
Wed 9.00am-8.00pm
Thu 9.30am-7.00pm
Fri 9.00am-5.30pm
Sat 8.00am-2.00pm

89 High Street
Longstanton
780909
New direct phone to
Bethan's Beauty Shop
789100

- We offer a full range of hair and beauty treatments
- Gift vouchers available
- Bio sculpture nail extensions and natural overlays
- KMS / Goldwell appointed salon
- New for the summer - St Tropez spraytan treatment
- Appointments not always necessary

FOR BETTER QUALITY WINES

Visit

Cambridge

WINE CELLAR

175 St. Neots Road, Hardwick
Cambridgeshire CB23 7QJ
(NEXT TO PET PAKS)
TEL: 01954 212112

E mail munnscww@aol.com
www.cambridgewinewarehouse.co.uk

TUESDAY - FRIDAY 10.00 A.M. - 6.30 P.M.
SATURDAY 10.00 A.M. - 5.30 P.M.
SUNDAY 10.00 A.M. - 2.00 P.M.
MONDAY CLOSED

THE THERAPY ROOM

TREATMENTS FOR RELAXATION & WELL-BEING

AROMATHERAPY for ladies *INDIAN HEAD MASSAGE*
FACIALS *NUTRITION* *REFLEXOLOGY*

STUCK FOR A PRESENT FOR A SPECIAL PERSON - GIFT VOUCHERS AVAILABLE
Want to know more about treatments? Free consultation - by appointment only
'phone HEATHER 781208 - Practice located in Bar Hill - Member Federation of Holistic Therapists

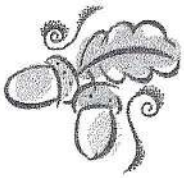
Are you in need of a chiropodist ?

For a professional service in your own home:-

☎ 201278

Christopher Bruckshaw MSSCh MBChA

A registered member of the British Chiropody Association



Little Acorns Pre-school.

Little Acorns is situated in the SPARC building next door to the primary school. We are open every day, both morning and afternoon. A lunch club session is also available each day. Our opening times are 9-11.30 am and 12.30- 3 pm. Children may attend from their second birthdays.

We provide a variety of learning experiences, both indoor and out. Children are encouraged to be creative, and to explore and investigate the things in their world. All of our staff hold a childcare qualification and are trained in first aid and child protection.

We offer a 'places for all' policy. Every year we offer free or subsidised places to a number of families. If you feel that you would like to speak to us about this, we would love to hear from you. Please phone Sally on 201074 or drop in anytime. If you would like to book sessions please ring Gail on 203229 or on our pre-school number 07851803083.

We will be holding regular open days at the start of each term for our new starters (who will receive an invitation nearer the time). If you are interested in coming to look around too, please phone us to book your place, or if you would like us to send you some information and a registration form. Alternatively you may prefer to e-mail us at s.gedny@ntlworld.com

Hiring the rooms

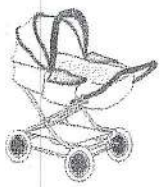
The pre-school room is available to hire for parties and functions. The current charge is £7.50 per hour (a minimum charge applies). Booking forms are available in the lobby area or by calling Janine on 07879613731.

Bar Hill Primary Schools PTA
Presents its

Children's Nearly
New Sale

Want to pick up a bargain?
Then why not come along to Bar Hill School on
Saturday 10th October 2009
From 1.30 pm until 3.30 pm

Entrance 50p per Adult



If you have indoor toys, outdoor toys, pushchairs, Highchairs, Children's Clothes, etc to sell its easy!

All you need is a seller pack and number

Call Kirsten on 01954 200228 or email BHPTA@LIVE.CO.UK
before Friday 2nd October 2009 for a pack

How it works:

simply drop off your items in the morning and then collect them in the evening, as explained in the seller pack. You keep 80% of the sale price and 20% goes to Bar Hill School PTA

REPORT BY DISTRICT COUNCILLORS ROGER HALL AND BUNTY WATERS

Putting the brakes on car litter in South Cambridgeshire

South Cambridgeshire District Council (SCDC) is supporting Keep Britain Tidy to put the brakes on littering motorists.

SCDC is taking part in a national campaign launched on 9 July to tackle the problem of drivers and their passengers throwing rubbish out of vehicles.

People are being asked to report vehicle littering on the Keep Britain Tidy website at www.keepbritaintidy.org to help track local and national vehicle littering trends. Reports can also be made to SCDC on 03450 450 063 or at www.scambs.gov.uk/reportit which enforcement officers will follow up.

Nearly a quarter of people (23%) admit to dropping litter from their vehicle. Vehicle littering most often involves cigarette butts, chewing gum, drinks containers, fruit peel and fast food packaging - with taxpayers footing the bill to clear it up.

South Cambridgeshire is a top 10 collector

Figures just published in June show that, despite the difficult economic climate, South Cambridgeshire District Council (SCDC) has kept up its high collection for council tax, collecting 99.1 per cent of the council tax due for 2008/9. This puts it seventh in the country for collecting council tax.

Collection of business rates (known as NNDR - national non domestic rates) also remains good at 99.2%, although there was a drop from an exceptional 99.8% last year.

Collection of both council tax and business rates remains above the national trend, which saw collection of council tax decrease by 0.1% and collection of business rates fall by 1.0%.

Please contact Roger Hall or Bunty Waters if you have any queries. You can check if there are any events to go to by looking in the South Cambs Magazine. They would also like comments on the content of it. Anyone is invited to send ideas to South Cambs.

Roger Hall 01954 780304
cllr.hall@scambs.gov.uk

Bunty Waters 01954 201421/07734 690580
cllr.waters@scambs.gov.uk

NATIONAL WOMEN'S REGISTER

NWR is a countrywide network of autonomous groups for lively minded women who enjoy sharing ideas, discussing topics (a chance topic may become a lifelong interest), listening to speakers, sharing social events & making new friends.
NWR is for making friends locally, exploring new interests, meeting women from other areas, sharing a lot of fun together and it costs very little.

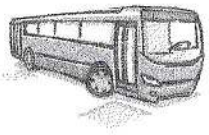
6th August Speaker, John Fuller - Community Engagement Officer Venue: Kay
20th August Intriguing Building – Discuss your favourite intriguing building Venue: Dianna's
3rd September The Industrial Revolution Venue: Bobby's

The Bar Hill group meets informally on alternate Thursday evenings and we pay just £1.00 to cover costs. All women are welcome.
If you would like more information, or someone to accompany you to a meeting please do not hesitate to call Heather Wheeler on 781208 or Marie-Therese Last on 780329. We can also be found on www.nwr.org.uk—it really is worth a look!

Parent and Toddler Group

Bar Hill parent and toddler group is a welcoming and friendly charity group run by a committee of parents to provide play and socialising for children (and parents) from 0-4 years of age. The sessions run Wednesdays and Fridays from 9.45 to 11.15 am during term time and are held in the Octagon. Both sessions provide a wide range of activities which include arts and crafts, puzzles, dressing up, role play and a wide range of outdoor toys (weather permitting).
The cost of each session is £1.90 for the first child and £1.00 per sibling up to a maximum of £3.00 per family or childminder. Under ones are free if accompanied by an older child. This fee includes refreshments for both parent/carer and children.

For any more info' please call Hanna on 200232 or Lisa on 201902.

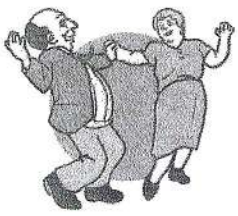


STAGECOACH BUS SERVICE 45

Huntington/St Ives/Bar Hill/ Cambridge

This service will cease to operate as from 2 August 2009. Use instead the Whippit bus, service No 1A/5 which runs along the same route. See timetables at Tesco bus stop.

HAPPY HOURS
The Recycled Youth Club



I've recently been told that someone had no idea of our Club's existence, so for any that do not know, we meet every Monday in the Octagen from 11 am to 3 pm, serve coffee and biscuits, lunches (at low cost) and tea and cakes. We have various activities during the day but please, if you are interested, call in and see for yourself. This is a very good way of making new friends.

Our flower fund towards the Memorial Garden now stands at £124 and our little amounts each week are mounting up. A collection in memory of Terry Marshall raised £110 which was sent to EACH and Arthur Rank Hospice.

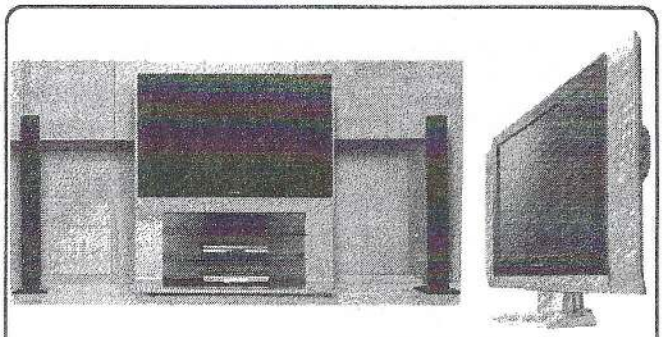
On 6 July we had an EGM to add to our Constitution Statements of Equal Opportunity and also Vulnerable Adults Policies, this being required these days. This may bring us into line to receive a grant for coach outings which would be very welcome.

Our Fête stall raised £316 which will go towards our Christmas lunch: where has the year gone?

Helen Collins
782203

ARE YOU A YOUNG PERSON PLANNING TO GO OUT FOR THE EVENING?

Here is some advice from the Police:
The summer months, lighter nights mean all of us have more time for leisure pursuits. Here are some basic safety tips to pass onto our young people and children.
1 Let someone know where you are going and tell them if your plans change.
2 If you need help, approach a family group rather than a single adult.
3 Meet friends in a public place so you won't be waiting on your own.
4 Plan how you are going to get home and make sure your mobile is fully charged before you leave home.
5 Look out for each other, stay with your friends and don't let anyone wonder off.
6 Walk away from groups that might provoke you.
7 Don't lose your cool: think about keeping yourself and your friends out of trouble.
8 Enjoy yourselves but think about how your actions affect others.



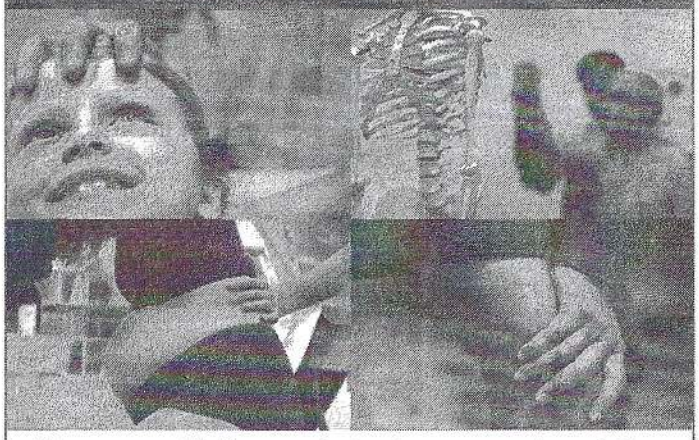
Latest Plasma & LCD Televisions
DVD Recorders now in stock

- Top manufacturers
- Free delivery and installation
- Interest free credit available
- Ask about part exchange
- Local independent dealer
- Over 45 years experience

Andrew McCulloch
44 Arbury Court, Cambridge

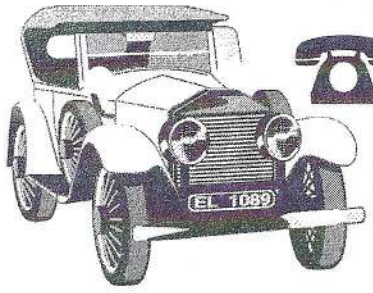
FREEphone 0800 3890324

Everybody's pain is different...
and so is their treatment.



If you would like us to help you work out the cause of your pain then please call or email.

CAMBOURNE OSTEOPATHS
01954 28 28 20
www.cambourneosteopaths.co.uk



01223 233250
782247 - evenings
07711 131085

L. F. Dean & Sons
Motor Body Specialists

* All makes repaired
* Welding
* Re-spraying
* Low-bake oven

Non-fault accident service
Free estimates

4 Water Lane, Oakington

A. Denton
Painting & Decorating
High Quality

INDUSTRIAL
COMMERCIAL
DOMESTIC

102, Stonefield
Bar Hill
Cambridge
CB3 8TB

01954 782472

WE CAN FIX IT

HANDYMAN SERVICES
MAINTENANCE FOR
THE HOME & GARDEN

01223 232150

Give Nigel a call for a free quote

07876 220204

UniPlumb
Cambridge Ltd

'On tap for all your plumbing and heating needs'
Quality Workmanship.
Free Estimates. Corgi reg'd.
Fast & reliable service.

CORGI REGISTERED GAS INSTALLER

All aspects of heating and plumbing
Please ring for professional, friendly advice.

Tel/Fax: 01954 212553

102 West Drive, Highfields, Caldecote, Cambridge CB3 7NY

Ash Croft Veterinary Surgery
169, St. Neots Road, Hardwick Cambridge CB3 7QJ

Surgeries by appointment 210250

Visits by arrangement

8.30 - 10.30 am & 4.30 - 7.00 pm Weekdays
9.00 - 11.00 am Saturdays, 10.00 - 11.00 am Sundays

Full 24 hour Emergency Service

Laura Wood
BA, MA, VetMB, MRCVS

Simon Shore
MA, VetMB, MRCVS

Dragan Tomovic
BVSc, MRCVS

Andy's Kars Ltd

For Quality Servicing & Repairs
6 Viking Way, Bar Hill, Cambridge CB23 8EL www.andys-kars.co.uk Tel: 01954 782666

In our fully equipped, modern workshop, we'll cater for all your MOT, Servicing and Repairs requirements. On all makes of Cars and Light Commercial Vehicles

KITEMARK GARAGE SERVICES

Opening Times: Mon-Fri 8:00am to 17:30pm
Sat 8:00am to 12noon

Honest advice with a smile, we go the extra mile!

Bar Hill Parish Council
Parish Council Offices
(Near the Health Centre and Octagon)
Tel: 780456
Email: bhillpc-1@btconnect.com

Parish Council Web Site – www.barhillpc.org.uk.
This will keep you up to date on current affairs in the village including meeting minutes and agenda.

For all you regular walkers out there
The County Council has produced a Countryside Access Map entitled "Walks and Rides around the Northstowe Hundred". A very interesting history of the local countryside and lots of pleasant walks and bike rides for you enthusiasts. If you would like a map please call in to the office as I have been given a substantial supply.

Tesco Trolleys
Further to my article last month about Tesco trolleys. South Cambs District Council has now had a meeting with Tesco's and they have created a new "Hotline" for trolleys found in the village. If you find a trolley off site, then please call 01954 220767 and inform them of where the trolley is located. At least this is a step in the right direction.

Lost Property
I currently have several sets of keys, a leather wallet, made by Jeep, a gold eternity ring and a driving licence in the office. If any of these items belong to you, please call in some time to have a look.

Parking Problems
I have had several residents living in Pheasant Rise contact me about the problems with parking. I can only ask all residents and visitors to be considerate of where they are parking and to think of others. The roads are a public highway and as such the Parish Council have no jurisdiction—it is the responsibility of the Police/Highways Department Cambs County Council.

Parish Council Meetings
The next monthly Parish Council meeting will be on Thursday 17 September at 7 pm in the Parish Council Office and all members of the public are welcome to attend.

HANDY TELEPHONE NUMBERS
Streetlights: 0800 253529 quoting the CC No. (written on lamppost).
South Cambridgeshire District Council: (03450 450500) - this has changed!!
County Council (damaged paths and roads): (01223) 717111
Leigh Baffa Parish Clerk
Tel: 01954 780456
Email: bhillpc-1@btconnect.com

RESIDENTS' ASSOCIATION
Interested residents are always welcome at our meetings which are normally held on the second Monday of the month at the Parish Offices at 8 pm. The next meeting will be on 14 September.

Bar Hill Village Hall

From late July FRIDAY'S martial arts class is running a LADIES only group between 8 pm and 9 pm - new members are very welcome.
To book or contact us at the village hall, please telephone 01954 782414 and leave a message and I will call you back or e-mail barhill.villagehall@btconnect.com
During the week we have all the following groups and clubs:

Monday	Helene Jones Dance	3.15 pm - 9 pm
(Helene's class is term time only)		
Tuesday	Shotokan Karate	5.45 pm - 8 pm
Wednesday	Aerobics	6.45 pm - 9 pm
Thursday	Weightwatchers	6 pm - 7 pm
And	Karate	7 pm - 9 pm
Friday	Martial Arts	6 pm—9 pm
And	3—7 years	5 pm—6 pm
Friday	Noah's Ark (multi-birth club)	10 am - 12 noon
Sunday	Bingo	7.30—9.30 pm

You can also join The Sports & Social Club on the top floor at the hall, were you can watch LIVE SPORTS on TV Play pool, Darts, Skittles and Cribbage. There is also a varied selection of Live MUSIC (see club notices), or just enjoy a quiet drink in the comfortable surroundings. Membership is £8.00 per year and only £1.00 if you are 60 years young.
I look forward to seeing you soon somewhere in the Village Hall.
Iain Martin

Family Fun

@ Bar Hill Church
9th August 13th September 11th October 13th December at 3 pm

Why not spend some quality time with your children and come along to the church, every 2nd Sunday of the month

Activities Chat Crafts
Singing Story Prayer
Snacks for Children Hot drinks for grown ups
Different themes every month
Services will be especially appropriate for pre-school age children—siblings are all welcome

BIN COLLECTION DATES

5 August	Green bin and boxes
12 August	Black bin
19 August	Green bin and boxes
26 August	Black bin
3 September (**Thursday**)	Green bin and boxes

Bar Hill
THE
PLAY STATION
Out of School Club

SPARC Building, Gladeside
Tel 07921 541549 or 01954 201079
and during club hours 07883 739368

We are situated in our purpose built building next to the School, with direct access from the playground. We provide childcare for children aged 4-12 in a safe, stimulating and caring home from home environment with trained and experienced staff. The children walk directly to us when school finishes, with the reception and infant children being met in the reception classes and then accompanied to our building by our staff.

Our children enjoy a wide range of inspiring equipment, games and craft activities, from pool to computer games, dressing up to craft and lots more, or if they prefer they can chill out on our comfy sofas. We also use the safe environment of the school playground for outdoor play. A snack, such as pasta, filled pittas etc followed by a biscuit and fresh fruit is provided. We make birthday cakes to celebrate each child's birthday, which we share.

We are registered with OSTED: this enables parents/ guardians who are eligible, to claim up to 70% of their childcare costs. We are also able to accept childcare vouchers eg Fair Care and Busy Bees.

Our opening hours are:
Term Time 3.10 pm – 6 pm Monday to Friday
School Holidays 8.15 – 6 pm Monday to Friday
Our fees are:
Term Time £3.85/hour for 1st child and £3.45/hour for siblings, which includes the snack.
School Holidays which also include the snack have special day rates:
8.15 am – 6 pm £25.00 (£2.63/hr)
8.30 am – 1 pm £14.00
1.15 pm – 5.30 pm £14.00
10 am – 12 pm Holiday craft sessions £5.00/Session

Whether you are looking for full time, part time or just occasional childcare, or our special holiday craft sessions, we are able to offer all of these. Please feel free to contact us if you would like any more information or would like to come along and see what we have to offer.

Patsie Cotter

Bar Hill
THE
PLAY STATION
Out of School Club

SPARC Building, Gladeside

Tel. (07921) 541549 or (07883) 739368 during club opening hours

Summer Holiday Craft Sessions

Due to popular demand, we are holding craft sessions for the special price of £5 per session.
All of the materials and refreshments will be provided.

These will be held on various dates during the summer holiday
The dates will be advertised on both our gate and the schools gates.
Please also feel free to call for a booking form which will have full details too

Time – 10 am – Midday
.Ages 4 - 11
The crafts will be glass painting, modelling with various materials, painting different textures, sewing, card making workshops, cooking, ceramic painting, t-shirt decorating, making mobiles, plaster cast painting, decorating wooden boxes and much, much more—something to suit everyone.

Book now to avoid disappointment.

If you would like to book craft sessions, would like more information on any of our childcare or to arrange a visit please call Patsie on either of the above numbers

GRIMSBY BAPTIST CHURCH
PUPPET POWER
Presents

JOSEPH
And The Amazing
Technicolour Dreamcoat
Here at Bar Hill Church
On Saturday 5th September starts at 6 pm

Admission only by FREE ticket
Donations welcome on the evening

For more information and tickets

Please contact: Linda King on 01954 780924 or e-mail lakng1@btinternet.com

Escential HEALTH & FITNESS

FITNESS CLASSES

MON 7:30 – 8:30pm at Swavesey Prim School
BODY BLAST AEROBICS

*** NEW CLASS***

WEDS 6:00 -6:45pm, at Bar Hill Village Hall
URBAN FUNK HIP HOP

WEDS 7:00 -8:00pm, at Bar Hill Village Hall
STEP

WEDS 8:00 -9:00pm, at Bar Hill Village Hall
FITNESS PILATES

All classes £3.50 per session, except for Pilates, which is £4.

Block bookings available, mats and resistance bands provided.
all ages and abilities welcome, just come along!!

Experienced & Qualified Instructor

Danielle 07803 706584
Email: info@escentialfitness.co.uk

OR GO TO

www.escentialfitness.co.uk

Oakington Garden Centre

Large selection of plants, pots and garden sundries

Open:
Monday - Saturday 9am to 5pm
Sundays 10am to 4pm

Oakington Garden Centre,
Dry Drayton Road, Oakington.
Tel. 01223 234818
Fax. 01223 236823
Email. oakingtongardencentre@hotmail.com

CROWN DRIVING TUITION

Your Local Professional Driving School

- ✓ **Association of Driver Educators for People with Disabilities**
- ✓ **Free Pickup in Cambridge and Surrounding Villages**
- ✓ **Dual controlled Vehicles**
- ✓ **Beginner, Advanced, Motorway**

01223 260076

Teaching A Life Skill To Tomorrows Drivers Today

BAR HILL
DENTAL CLINIC

Private Professional Dental Care

- Monthly Membership Plan
- Comprehensive Family Dentistry
- Cosmetic Treatment
- Tooth Whitening
- Dental Hygienist Services
- Emergency Appointment Available
- Ample Free Parking

Hanover Close, Viking Way
Bar Hill, Cambridge
CB23 8EH

Telephone: 01954 781616
www.cambridgedentist.co.uk

M.C.L PLASTERING

MARK LENTON
13, Almond Grove,
Bar Hill
Cambridge,
CB3 8DU

Phone: 203650
Mobile: 07759 693686
E-mail: mark.lenton@ntlworld.com

Total Relaxation

Located within
Waves Health and Leisure Club
Menzies Cambridge Hotel
And Golf Club
Bar Hill, Cambridge CB23 8EU

01954 249901
01954 249986
Payment by Cash or Cheque only

Aromatherapy
Body Massage, Indian Head, Reflexology
Hot Stone Massage
Hopi Ear Candles
Facials
Body Wraps
Manicures & Pedicure
Lash and Brow Treatments
St Tropez & Waxing

Day Spa Packages including use of all facilities

Email: total.relaxation@ntlworld.com

01954 261050
07999 888779

G. Coe groundwork and general building

A complete construction service

* Extensions, alterations & conversions
* All roof & guttering work
* Garden design
*Driveways, patios & fencing
* Wood flooring

gcoegroundworks@googlemail.com

Irena Spence & Co

Solicitors

68-70 Castle Street,
Cambridge
CB3 0AJ

Tel: 01223 713300

Specialists in:

Conveyancing
Family/Matrimonial
Accident Claims
Litigation
Employment

Offices at:

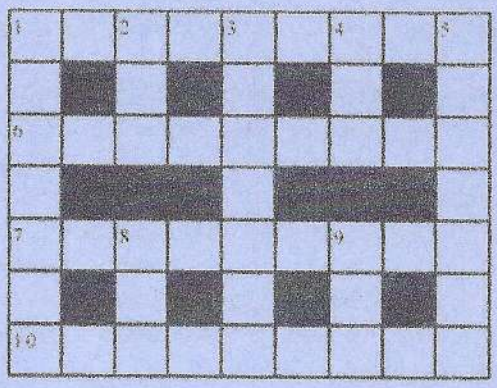
11 High Street
Histon
CB24 9JD

5 Green End
Comberton
CB23 7DY

Answers for July

Across: 1 materials 6 Kuffmann 7 Thornhill 10 Rembrandt

Down: 1 Mukhtar 2 tau 3 refiner 4 aga 5 singlet 8 ohm 9 inn



Clues for August

Across: 1 he founded the only English monastic order (2 and 7) 6 editor of the A14 Village Year Book (4 and 5) 7 a blessing 10 someone unimportant

Down: 1 English protomartyr (2 and 5) 2 Indian state 3 a reading 4 self 5 unsteady 8 Scottish belonging 9 abbreviation of university

Bar Hill Ecumenical Church -

Services for August 2009

A modern church for a modern village. Please join us on a Sunday to find out what happens inside; you will be made very welcome.

Sun 2nd	10.00 am	Holy Communion (Methodist)
Sun 9th	8.00 am	Holy Communion
	10.00 am	Morning Worship
Sun 16th	10.00 am	Holy Communion (URC)
Sun 23rd	10.00 am	All-Age Worship with Communion
Sun 30th	10.00 am	Holy Communion

Note that there are no evening services during August

There is also a Roman Catholic service on Saturday evenings at 6.00 pm in the Octagon

People to contact:

The minister: Rev Ruth Adams Tel: 01954 789369
Church Centre Manager: Tel/Fax: 01954 206120
.Websitewww.barhillchurch.com
New Church Office opening hours— Monday, Wednesday and Friday 9.30-10.30 am and Sundays 12.30-13.30 pm

The Catholic Church of Our Lady and the English Martyrs
Hills Road, Cambridge
(The Catholic Church serving Bar Hill)

Parish Priest:	Mgr Tony Rogers	Tel: 01223 350787
Deacons:	Revd Robert Joyce, Tony Northrop and Tony Sutton	
Local contact:	Bunty Waters	Tel: 201421

Mass at Bar Hill Octagon Saturdays: 6 pm First Mass of Sunday

Masses in the Parish Church in Cambridge

Monday, Wednesday, Thursday, Friday 8 am and 12.15 pm
Tuesday 8 am and 7.30 pm
Saturday 6 pm First Mass of Sundays
Also 5 pm at The Ark, Cambourne, and 6 pm at Bar Hill Church Centre

Holydays of Obligation 8 am, 10 am, 7.30 pm

Sacrament of Reconciliation

Tuesday 6.45 pm (not after Mass)
Saturday 10.30 – 11.15 am, 4.30 – 5.15 pm, 7 – 7.45 pm

Details of other services are published in the weekly newsletter which is available at the 6 pm Mass each Saturday – copies are available in the Church Centre.

EMAILING THE CHURCH OFFICE - CHANGES

Dear all
This email address will be temporarily out of order as we change website hosting. **Please do not send email** to office@barhillchurch.com until we send you another email.
In the meantime, for urgent enquiries **please email ruth.h.adams@btinternet.com**

Many thanks.

WHAT'S ON?

6th	NWR—Speaker John Fuller
8th	Membership Draw Social Club
9th	Family Fun Day—Church
20th	NWR—Intriguing Buildings
22nd	Membership Draw Social Club
22nd	Street Sale—Gladeside.

If you are going on holiday have a safe journey and a refreshing break from routine.

	U		O					E
	R			K				M
	H		U					R
F					R	O		
		A		E		O		
L				U				E
S				L			H	
	R		M				E	
U				R				L

TILE TEXT - MOTORING- 08-09

Place the 27 three character TILES listed below in the grid above to form NINE MOTORING TERMS, reading horizontally

AKD GHT OUS
AUT INE OWN
BRE LIM SPO
CHA MEW SSR
CRO MLI TRA
ERS NES TLI
EAL OAD UFF
EUR ORK UND
FRA ORO UTE

Did you get the answer's to July's puzzle:

Bisegment , Decimetre, Dimension
Hectogram, Kilohertz, Megacycle
Milestone, Quadruple and Yardstick

STRAY TROLLEY HOTLINE

01954 220769

POLICE—CHANGE OF NON EMERGENCY NUMBER

The new number is **0345 456 456 4**. Please save this in your address books for future reference. The old number, 0845 456 456 4, will continue to operate alongside the new number until April 2011. The move will allow people with call packages which provide free local calls to benefit as 0345 numbers are classed as local calls. Remember - in an emergency, always dial 999. You should dial 999 if lives are in danger or if there is serious risk of injury, if a serious crime is happening or if a criminal is still at the scene. In all other cases, and for general enquiries, please call us on 0345 456 456 4. This number is staffed by specially trained operators, 24 hours a day,

Bar Hill Pre-School

NOW REGISTERED FOR FULL DAY CARE

Our new purpose built Pre-School attached to the Village Hall has bright and airy rooms and a large fully enclosed garden, providing a safe, secure and stimulating learning environment for children aged 2 - 5 years. We are also running full day care from the Church Centre. This is reserved for children in the year prior to commencing school.

The aim of Bar Hill Pre-School is to provide high quality care and education by focusing on each individual child's ability, encouraging their development through Birth to Three matters and progressing to the foundation stage curriculum.

Our main emphasis is learning through play.

Your child will be able to explore a variety of activities in an educational setting required by OFSTED. Our experienced, qualified Early Years team Sonya, Karen, Sarah, Pauline, Jacqui, Emma, Clare and Claire supervise our sessions.

Our Key worker system enables the early years team to meet the needs of each individual child through planning their own individual educational plan and next steps.

Subsidised places

We offer reduced sessions rates for parents/carers on Income Support/Working tax credit. We also accept child care vouchers from your employer.

Early Years Funding

We can offer 5 free sessions when your child is eligible, currently the term after their 3rd birthday.

Play Tots Session

9.15 - 10.45 Tuesday

This is our session for babies to Pre-School with Emma our Birth to Three Co-ordinator. We have lots of fun and a large selection of activities, including our new soft play den and toys especially for the tots. Sessions are held on a pay as you play basis. Drinks and healthy snacks are provided.

Rising 5's session

This session is for children in their final year at Pre-School. This is a more structured session preparing them for school entry.

Session Times

Monday	9.00 - 11.30	12.30 - 3.00
Tuesday	Play tots	12.30 - 3.00
Wed	9.00 - 11.30	12.30 - 3.00
Thursday	9.00 - 11.30	12.30 - 3.00
Friday	9.00 - 11.30	12.30 - 3.00 (rising fives)

We offer a lunch club 11.30 - 12.30 daily

For more information please contact the Pre-School direct on (01954) 782892 during session times or feel free to pop in and see us.

Alternatively contact Sarah our session allocation Co-ordinator on (01954) 781871 before 7 pm weekdays.

Registered Charity No. 1030725